INSTRUCTIONS FOR USE (IFU)

GHK-Cu Copper Peptide Skincare Collection • Standard Operating & Application Guide

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1. Collection Overview & General Directions

The GHK-Cu Copper Peptide Collection is designed to work synergistically to support natural collagen and elastin production, refine skin texture, and restore firmness across the face, neck, and decollete. For optimal results, follow the designated sequence of application for serum and gel cream formulas.

> 📌 **GENERAL PRECAUTIONS & CONTACT INFO**
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> • Patch Test Recommended: Perform a spot test on the inner forearm 24 hours prior to first facial application.
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> • Sun Protection: Always apply a broad-spectrum SPF 30+ sunscreen during daytime use.
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> • Storage: Store all products in a cool, dry place away from direct sunlight (15°C–25°C / 59°F–77°F). Keep caps tightly sealed.
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> • Questions or Support: For product inquiries or assistance, email us at g@germana.ca.

2. Product-Specific Instructions for Use

PRODUCT 1: GHK-Cu Copper Peptide Repair Serum (30 ml / 1 fl oz)

Step 1: Preparation: Cleanse face thoroughly with a mild, non-exfoliating cleanser and pat completely dry.

Step 2: Dispense: Dispense 3 to 5 drops of serum directly onto fingertips or palms using the dropper.

Step 3: Application: Gently press and smooth the serum evenly across the face, neck, and upper chest area (decollete). Avoid direct contact with eyes.

Step 4: Absorption: Allow 1 to 2 minutes for the serum to fully absorb into the skin before applying subsequent layers.

PRODUCT 2: GHK-Cu Copper Peptide Gel Face Cream (50 ml / 1.69 fl oz)

Step 1: Preparation: Apply following serum application (or onto clean, dry skin if used alone).

Step 2: Dispense: Scoop or pump a nickel-sized amount of gel cream onto clean fingertips.

Step 3: Application: Dot onto forehead, cheeks, jawline, neck, and chest. Smooth evenly in upward, outward motions to support skin firming and contours.

Step 4: Lock-In: Gently massage until completely absorbed. The lightweight gel texture locks in moisture without feeling heavy or sticky.

3. Daily Regimen & Layering Guide

Time of Day	Application Order	Target Areas & Focus
Morning (AM)	1. Cleanser 2. GHK-Cu Repair Serum 3. GHK-Cu Gel Face Cream 4. Sunscreen (SPF 30+)	Daily firming, hydration barrier, environmental damage protection.
Evening (PM)	1. Cleanser 2. GHK-Cu Repair Serum 3. GHK-Cu Gel Face Cream	Overnight tissue recovery, collagen matrix support, deep moisture lock.
Weekly Maintenance	1. Gentle Cleanser 2. GHK-Cu Products 3. Targeted Neck/Decollete massage	Focus on loose skin along jawline, neck folds, and chest crepes.

4. Customer Support & Inquiries

For questions regarding application techniques, product compatibility, or order support, please reach out to our team at:

- **Support Email: g@germana.ca**